

Sunday Lunch Menu

To Start

Smoked Salmon	£6.95
Served with rocket, lemon & brown bread	
Chef's Special Garlic Mushrooms	£5.50
Chunky mushrooms in beer batter drizzled in garlic & chive sauce	
Farmhouse Vegetable Soup	£4.95
A classic chunky vegetable soup, served with fresh bread	
Mixed Thai Starters	£5.50
Chicken Satay, Spring Roll, Fish Cake, Prawns in Blanket, Steamed Dumpling <i>This starter is priced per person & there is only one of each item per portion</i>	
Vegetable Springs Rolls (V)	£4.75
Deep fried vegetables wrapped in pastry with sweet chilli sauce	
Golden Bags	£4.95
Deep fried minced chicken & prawn with herbs, vegetables, wrapped in rice pastry	

The Main Event

Roast Rib of Beef	£9.50										
Roast Leg of Lamb	£9.50										
Roast Leg of Pork	£9.50										
Roast Norfolk Turkey	£9.50										
All served with seasonal vegetables, roast potatoes & all the trimmings											
Poached Salmon Fillet	£10.50										
In white wine and dill sauce with sauté potatoes & fresh vegetables											
Dudley Burger	£10.50										
Celebrating the Lamb and Flags former landlord 'Dirty Dudley' of the 1960's 8oz Beef Burger with bacon, blue cheese and onions, served with chips											
Fresh Hand Battered Grimsby Haddock	£10.50										
Served with chips & mushy peas or garden peas											
Penne Al Arrabiata (V)	£9.50										
With tomato, garlic and chili											
Pork with Garlic and Pepper	£8.50										
Stir fried pork with garlic pepper & mushrooms											
Chicken Musaman Curry	£8.50										
A mild Chicken curry with potatoes & peanuts											
Chicken and Cashew Nuts	£8.50										
Stir fried chicken with cashew nuts & vegetables in oyster sauce											
Tamarind Duck	£9.50										
Roast duck Thai style with tamarind sauce & crispy seaweed											
Tuu Fuu with Cashew Nuts (V)	£7.50										
Stir fried beancurd, cashew nuts, onion, pepper & chilli											
Sea Bass with Ginger	£13.95										
Steamed sea bass fillets in ginger & Thai herb sauce											
Red Curry (Panang)											
An aromatic curry with coconut milk & Thai herbs	<table> <tr> <td>Chicken or Pork</td> <td>£8.50</td> </tr> <tr> <td>Prawns or Beef</td> <td>£8.75</td> </tr> <tr> <td>Mixed Meat</td> <td>£8.95</td> </tr> <tr> <td>Sea Bass</td> <td>£13.95</td> </tr> <tr> <td>Vegetable (V)</td> <td>£7.50</td> </tr> </table>	Chicken or Pork	£8.50	Prawns or Beef	£8.75	Mixed Meat	£8.95	Sea Bass	£13.95	Vegetable (V)	£7.50
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	(Beef, Pork and Chicken)										
Green Curry											
Green curry sauce with coconut milk, vegetables & Thai herbs	<table> <tr> <td>Chicken</td> <td>£8.50</td> </tr> <tr> <td>Prawns or Beef</td> <td>£8.75</td> </tr> <tr> <td>Vegetable (V)</td> <td>£7.50</td> </tr> </table>	Chicken	£8.50	Prawns or Beef	£8.75	Vegetable (V)	£7.50				
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Side Dishes, Rice, Noodles and Vegetables

Pad Thai Noodles with Prawns	£7.95
Stir fried rice noodles with, prawn, egg, bean sprouts, bean curd in tamarind sauce	
Pad Thai Noodles (V)	£7.50
Stir fried rice noodles with bean sprouts, egg, bean curd in a tamarind sauce	
Egg Noodles with Chicken	£7.95
Stir fried egg noodles with chicken, egg & bean sprouts	
Steamed Jasmine Rice (Plain Rice)	£2.95
Egg Fried Rice	£3.25